

THIS HOUSE OF SKY CANYON

From €280 per person

Difficulty: Advanced

Season: June – September

Duration: Full day (approximately 8–10 hours)

Number of rappels: 12 to 17

Group size: 2 to 6 participants

Minimum age: 16 years



This House of Sky is an extraordinary full-day adventure for those looking to take their canyoning experience to the next level.

This remote canyon offers adventures with stunning alpine views, an exceptional canyoning experience, and no other tourists to disturb your day. It's a truly one-of-a-kind, off-the-beaten-path experience.

Anyone confident enough to tackle the 1.5-hour uphill approach will be rewarded with a canyon environment second to none, surrounded by rugged alpine peaks, bighorn sheep, mountain goats, and an adventure including up to 17 rappels.

This House of Sky Canyoning Itinerary:

Location: Eastern edge of Banff National Park, one of the most remote, wild, and spectacular canyoning trips you can experience.

This full-day adventure requires 4x4 vehicle access. The approach and hike to the top of the canyon involve about 1.5 hours of steady uphill walking.



Itinerary :

7:30 AM: Meet at the Heart Creek Trailhead parking lot. Get acquainted with your guides and fellow participants. Guides provide all necessary equipment and conduct a full pre-trip briefing to explain the day and ensure everyone is prepared. During this briefing, participants receive a waiver, which must be signed to participate. Afterward, the adventure begins with a 1.5-hour shuttle to the remote North Ghost Valley, with the last 15 km requiring a 4x4 vehicle and including several river crossings.

9:30 AM: Gear up! A 20–30 minute hike along the North Ghost River valley brings you to the base of This House of Sky. From there, a steep 1–1.5 hour climb leads to the canyon drop-in point. Wetsuits are put on, and guides provide a mandatory safety briefing and rappel training to ensure everyone is ready and safe.

11:00 AM – 4:00 PM: Complete canyon descent (~4–6 hours), including 12–17 rappels and natural slides. A short walk returns to the vehicle.

4:00 – 6:00 PM: Change into dry clothes at the vehicle. Return along the scenic North Ghost River Valley, approximately 1.5-hour drive back to Canmore or Banff.

6:00 PM: Arrival at Heart Creek parking lot.

Note: Itinerary may change depending on unforeseen circumstances, group ability, or pace.

Included Equipment:

- 5 mm wetsuit (Farmer John – thick for warmth)
- 5 mm wetsuit top
- Petzl helmet (UIAA – CE certified)
- High-quality Petzl harness
- Petzl canyon-specific descender
- Neoprene booties (like socks to keep feet warm)
- Waterproof bag for valuables

What to Bring:

- Swimsuit
- Towel
- Sturdy sports shoes or light hiking shoes that can get wet (no sandals, open-toed shoes, or tennis shoes)
- Waterproof jacket or hardshell (optional)
- Change of clothes for after the activity (to remain in vehicle)
- Waterproof camera or GoPro
- Lunch and water

Important Notes:

- No prior canyoning experience required, but participants should be comfortable with heights.
- Guides provide full details regarding meeting location, gear, lunch, and safety.