

GHOST CANYON

From €240 per person

Difficulty: Intermediate

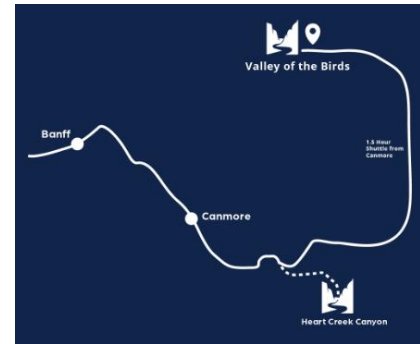
Season: June – August

Duration: Full day (approximately 8–9 hours)

Number of rappels: 4 to 5

Group size: 2 to 10 participants

Minimum age: 14 years



Experience the ultimate adrenaline rush with our Ghost Canyon full-day canyoning adventure, promising unparalleled excitement and natural beauty.

Dive deep into a remote wilderness, with slides, rappels, and spectacular pool jumps for a canyoning experience like no other in Banff. This full-day Ghost Canyon adventure offers a thrilling escape amidst the wild splendor of one of Banff's most spectacular canyons.

Ghost Canyon Canyoning Itinerary:

Our Ghost Canyoning adventure, located at the eastern edge of Banff National Park, is one of the most secluded, wild, and spectacular canyoning experiences you can find. This full-day adventure requires 4x4 access and rewards participants with remote mountain panoramas and an unmatched canyoning experience. Simply reaching the canyon is an adventure in itself. This trip includes slides, rappels, and pool jumps. The straightforward nature of the rappels makes it accessible for beginners, while the jumps, slides, and stunning scenery keep experienced canyoners engaged. A full, spectacular day.



Detailed Ghost Creek Canyon Itinerary:

8:00 AM: Meet at the Heart Creek Trailhead parking lot. Meet your guides and group. Guides provide all necessary equipment and conduct a pre-trip briefing to ensure everyone is ready. A waiver will be provided for all participants to sign.

8:30 – 10:00 AM: Vehicle transfer (~1.5 hours) to the remote North Ghost Valley. The final 15 km require a 4x4 vehicle and include several river crossings.

10:00 AM: Gear up and prepare. Hike 10 minutes along North Ghost River, then an additional 30-minute walk to the canyon. Time for a snack before putting on wetsuits and starting the descent. Mandatory safety and rappel briefing provided by guides.

11:00 AM – 3:00 PM: Full canyon descent (~3–4 hours) including rappels, slides, and jumps. A short 10-minute walk returns to the vehicle.

3:00 – 5:00 PM: Change into dry clothes at the vehicle. Return through the spectacular North Ghost River Valley, approximately 1.5-hour drive back to Canmore/Banff.

5:00 PM: Arrival at Heart Creek parking lot.

Note: Itinerary may change depending on unforeseen events, group ability, or pace.

Provided Equipment:

- 5 mm wetsuit (Farmer John, thick for warmth)
- 5 mm wetsuit top
- Petzl helmet (UIAA – CE certified)
- High-quality Petzl harness

- Petzl canyon-specific rappel device
- Neoprene booties (like socks to keep feet warm)
- Waterproof bag for valuables

What to Bring:

- Swimsuit
- Towel
- Sturdy sports shoes or light hiking shoes that can get wet (no sandals or open-toed shoes)
- Waterproof jacket or hardshell (optional)
- Change of clothes for after the trip (to remain in the vehicle)
- Waterproof camera or GoPro

Important Information:

- No prior rope or rappelling experience required, but participants must be comfortable with heights.
- Guides provide details regarding meeting location, equipment, lunch, and footwear.