

Experience Days – Fly, Drive, Dive & Thrive (4–5 days)

From € 2 395/person

For thrill seekers and nature lovers, this dynamic multi-day experience combines aviation, rally driving, freediving and outdoor sports with Nordic recovery moments, sauna rituals and refined cuisine. Designed for physically fit participants seeking an unforgettable, adrenaline-filled journey in the heart of Finnish nature.

DAY 1 – ARRIVAL & ACTIVE START

15:00 Arrival and welcome drinks.

16:00 Guided Mountain Bike Tour.

A guided cycling experience through forest trails, focusing on outdoor movement, nature immersion and safe riding techniques.

18:00 Sauna & Lake Swim at JärviSpa.

A guided Finnish sauna ritual with hot–cold contrast, supporting recovery and relaxation.

20:00 Open Fire Dinner.

Seasonal open fire dinner with carnivore, pescatarian or vegetarian options. Dietary requirements accommodated. Water included, drinks at extra charge.

DAY 2 – FLY

08:00 Early Nordic breakfast – The Terwa style.

09:00 Transfer to Räyskälä Airfield.

09:15 Introduction and safety briefing.

10:00–15:30 Motor Glider Flight Experience.

Each participant completes an approximately 30-minute flight under professional supervision.

The program follows strict aviation safety standards.

Champagne toast and hangar lunch included.

16:00 Return to The Terwa.

16:15 Free time, sauna or paddleboarding.

19:00 Chef's Table Dinner – 5-course tasting menu.



DAY 3 – DRIVE

07:30 Nordic breakfast

08:30 Transfer to Rally School

Rally Driving Experience

A professionally guided program focused on driving technique, safety and controlled performance on a dedicated track.

16:30 Return to The Terwa & relax

17:00 Forest Mind Walk or yoga

A guided wellbeing session supporting recovery, mental clarity and relaxation after an intensive day.

19:00 Light recovery dinner



DAY 4 – DIVE (HALF DAY)

08:00 Forest meditation

09:00 Light breakfast

10:00 Freediving Basics & Diving Experience

A guided introduction to freediving at Lake Iso-Melkutin, led by professional instructor Johanna Nordblad.

Includes safety briefing and controlled progression.

13:00 Lunch & departure





FULL DAY DIVE EXPERIENCE (OPTIONAL DAY 4)

08:00 Early Nordic breakfast

09:00 Transfer to Lake Iso-Melkutin

09:30 Diving basics & safety briefing

10:30–15:30 Guided diving course and experience
Includes a light open-fire lunch in the forest

16:00 Return to The Terwa

16:15 Free time, sauna and/or paddleboarding

19:00 Chef's Table Dinner – 3-course menu

DAY 5

08:00 Early Nordic breakfast – The Terwa style

Good to know :

Categories / Themes : Adventure / Outdoor / Incentive / Private Experience

Physical difficulty level : Demanding – suitable for physically fit participants

Health requirements & liability : Participants must be in good general health.
This experience is not suitable for guests with heart conditions or serious medical issues.
All activities are undertaken at the participant's own responsibility.
The Terwa is not liable for personal injuries arising from participation in adventure activities.

Season : Spring, Summer, Autumn

Duration : 4–5 days

Participants / group size : 8–10 guests

Languages : English

Rotisseur-level cuisine included in the price : Full board (excluding drinks)

Overnights included in the price : Overnight in double room (high hotel standard)



Guide included in the price : Yes – professional instructors and hosts

Transportation : Activities usually start from the courtyard, but transportation to the activity location is always included in the program. Separate transport services are available.

Optional services :

Airport transfers: Up to 4 people: €215 per direction / 4–16 people: €380 / More than 16 people: €490

Massages

Drinks

Sustainability aspect : Small group size, nature-based activities and high safety standards support responsible and sustainable adventure travel.

Prices : 4-day program: from €2,395 / person

5-day program: from €2,795 / person

Includes all transfers, coaching, meals, flights, equipment and VIP hosting. Drinks not included.